

II. INTERNATIONAL YOUTH CONFERENCE ON



RECREATION AND LEISURE PROGRAM

Date: December 3, 2021

Location: Faculty of Science University of Pécs, Hungary Pécs Ijúság u. 6. (TTK Kari Tanácssterem/Conference room)

Online room:

<https://us02web.zoom.us/j/88906415764?pwd=OitsZGVJcXM5Y0hXTDJhV1EzRElhZz09>

09.00 OPENING CEREMONY

Opening speeches:

Cristina Ortega, COO, World Leisure Organization

András, Trócsányi vice dean, Faculty of Science, University of Pécs

Dance performance:

by „Dancing University”, Pécs

SESSION I.

CHAIR: Mark Vaczi, Hungary, Lawal, Marafa Hong Kong, China, Lee Kwan Meng, Malaysia

09.20-09.30

ASSESSING THE QUALITY OF PUBLIC PHYSICAL ACTIVITY RESOURCES AND ITS ASSOCIATION WITH THE FREQUENCY OF THEIR USE: A CROSS-SECTIONAL STUDY IN PARRAMATTA, SYDNEY

KATNORIA, Manisha, University of Western Sydney, Australia

09.35-09.45

IDENTIFYING HEALTH MEASURES USED IN NATURE-BASED LEISURE INTERVENTIONS FOR HEALTH AND WELLBEING

MELLINSON, Jessica, University of Western Sydney, Australia

09.50-10.00

RESEARCH ON THE STRATEGY OF CONVENIENT CARRIAGE SYSTEM OF SPORTS EQUIPMENT : BASED ON INTERNATIONAL COMPARISON

ZHOU, Yuyan, ZHOU, Lijun, Zhejiang University

10.05-10.15

CHARACTERIZING ECO-LEISURE ACTIVITIES FROM THE PERSPECTIVE OF ECOTOURIST AND LOCAL PEOPLE - CASE STUDY OF RURAL AREA IN GUANGXI PROVINCE, CHINA

YANG, Yinghui, Chinese University Hong Kong, China

10.35-10.45

REDEFINING LEISURE ACTIVITIES THROUGH INVOLVEMENT IN VIRTUAL BOOK CLUB OF A FAN COMMUNITY: REFLECTIONS FROM BTS BOOK CLUB IN DISCORD

ABDUL RAMIN, Syafiqah, Malaysian Youth Council, Malaysia

SESSION II.

CHAIR: Gyongyver Lacza, Hungary, Jane Lijun Zhou, China, Lenia Marques, Netherlands

11.05-11.15

ONLINE SPORTS AND E-GAMING AS MEANS TO PROMOTE LEISURE ACTIVITY AMIDST COVID-19 PANDEMIC

MALEMA, Makhaya, University of Western Cape, South Africa

11.20-11.30

PERCEIVED BENEFITS OF PARTICIPATING IN COMMUNITY GARDEN PROJECT IN PECS, HUNGARY

Mariam Maqsood, MSc in Recreation, DPT Pakistan, University of Pécs, Faculty of Sciences

11.35-11.45

LIFE SATISFACTION LEVEL OF RESIDENTS IN HUNGARIAN VILLAGES

BARTA, Dorottya, HEIZER, Barnabás, Széchenyi University, Győr Hungary

11.55-12.05

EFFECTS OF COVID 19 ON TOURISM INDUSTRY IN CAMBODIA

KEO, Leny Cambodia, University of Physical Education, Budapest, Hungary

12.10-12.20

INVESTIGATING THE STRESS SITUATION RELATED TO SPORTS AMONG UNIVERSITY STUDENTS

BICZÓ, Petra, SCHMEIZL, Anett, SCHMIDT, Evelin, SZABÓ, Balázs, University of Pécs, Institute of Sports Science

12.20-12.30

THE ROLE OF COLOURS IN PEOPLE'S LIFESTYLE

SZEDLÁK, Fanni, PATS, Enikő, Széchenyi University, Győr, Hungary

12.40 OFFICIAL OPENING OF WORLD LEISURE CENTER OF EXCELLENCE, UNIVERSITY OF PÉCS

Inauguration speech by Márta Wilhelm, director of WLCE, University of Pécs, Hungary

12.50 WORLD LEISURE YOUTH AMBASSADORS' CONTEST 2020/21 REGIONAL AWARD CEREMONY

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|------------------------------------|---------------------------------------|
| - BEST WLYA PHOTOGRAPHER | 2ND PLACE - GEORGINA GÖNDÖCS, HUNGARY |
| | 1ST PLACE - TASSNEM ABU ZAID, JORDAN |
| - BEST WLYA YOUTH VOLUNTEER | 3RD PLACE - MARIAM MAQSOOD, PAKISTAN |
| | 2ND PLACE - KRISZTINA POHL, HUNGARY |
| - BEST WLYA SHORT FILM | 3RD PLACE - LINA TAKRURI, JORDAN |
| | 1ST PLACE - ANNA HÁRI, HUNGARY |

13.10 CONFERENCE RECEPTION

*Organizing team: Marta Wilhelm, PHD, WLCE, Miklos Banhidi, PHD, WLYA Secretary Judit Prokai, PHD STUD,
Web: worldleisure.org Email: wl.youthambassadors@gmail.com Phone: +3670/8849008 Meet contact:
<https://meet.google.com/ebx-xmah-cey>*



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SESSION III.

CHAIR: Ákos Tóth, Hungary, Marie Young South Africa, Giyasettin Demirhan, Turkey

14.00-14.10

THE ROLE OF YOUTH IN COMMUNITY DEVELOPMENT

SSESIMBA, Joseph, Makerere University, Simba Foundation, Uganda

14.15-14.25

SPORT FOR PEACE

AKINNAGBE, Michael, WLYA, Nigeria

14.30-14.40

EXPLORING THE INFLUENCE OF COVID-19 LOCKDOWN MEASURES ON PHYSICAL ACTIVITY LEVELS, SCREEN TIME USAGE AND SEDENTARY BEHAVIOUR AMONGST RUGBY PLAYERS AT A UNIVERSITY IN THE WESTERN CAPE

MAGERMAN, Zinzan, REID Donna-Leigh and PETERSEN Tatum-Leigh, University of Western Cape, South Africa

14.45-14.55

HIIT VS CARDIO - IS THERE A DIFFERENCE?

MEHMEDOVIC, Adnan, FILIZ, Bijen, OCAK, Yücel Kocatepe University, Turkey

15.00-15.10

MOTIVATION OF "RUNNING AMMAN" EVENT SERIES' PARTICIPANTS

TAKRURI, Lina, University of Pécs, Hungary

15.15-15.25

RESPONDERS AND NON-RESPONDERS TO 6-MONTH LONG CONCURRENT TRAINING IN HEALTHY, YOUNG AND SEDENTARY INDIVIDUALS

GARAI, Kitty, ADAM Zoltán, HERCZEG Robert, GYEBROVSZKI Ádám, WILHELM Márta, KVELL Krisztián, University of Pécs, Hungary

SESSION IV.

CHAIR: Tamas Atlasz, Hungary, Farhad Moghimehfar, Canada, Ricardo Uvinha, Brazil

15.45-15.55

LEISURE BENEFITS THROUGH ART

NTIBANKUNDIYE, Donah, Makere University, Uganda

16.00-16.10

RECREATIONAL TRENDS DURING THE PANDEMIC PERIOD: A STUDY ON ACADEMICS

ARICI, Mustafa, Hitit University Faculty of Sports Science, Turkey

16.15-16.25

THE IMPACT OF ADOLESCENTS' LEISURE ACTIVITY TYPES ON PSYCHOLOGICAL WELL-BEING, ACADEMIC SELF-EFFICACY, SELF-ESTEEM, AND PERCEIVED STRESS

BAEK, Dong-Yub, Korea, University of Northern Iowa, USA

16.30-16.40

EXAMINING THE CAREER- RELATED MOTIVATIONS OF RECREATION AND HEALTH PROMOTION MANAGERS

KÓS, Katalin, Eszterházy Károly Catholic University, Eger, Hungary

16.45-16.55

THE ROLE OF SEGMENTING ACTIVE SPORT TOURISTS BY THEIR SPORT AND TOURISM MOTIVATION

NAGY Kinga ¹, TÓTH Kata ¹, TÓTH László ¹, BÁNHIDI Miklós ², ¹ University of Physical Education, Budapest, ² Széchenyi University, University of Pécs, Hungary

